

**ALLERGY
AWARE MENU
WEEK 1**

W/C: 04/11, 25/11, 16/12
06/01, 27/01, 10/03, 31/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

SD Macaroni cheese
CONTAINS SOY AND GF OATS
93180465

SD Chicken Burger
93170396/ 93208018 (H)
Served with Potato Wedges
93156646

Roast Gammon
93173553
With Roast Potatoes
93035127
And Gravy
93034775

SD BBQ Chicken pizza
93315911
With SD Pasta
CONTAINS SOYA
93315913

SD Fish Fillet
CONTAINS FISH
93166795
Served with Chips
93040525

Jacket Potato

Jacket Potato with Baked Beans
93034839

Pasta

SD Tomato Pasta
CONTAINS SOYA
93171286

Available Every Day

Two Vegetables Served Daily
NO COLESLAW, MIXED SALAD OR SALAD BAR

Dessert

Raspberry jelly
93290177

SD Apple Crumble
CONTAINS GF OATS
93219577

SD Rice Pudding with Jam
CONTAINS GF OATS AND SULPHITES
93315915

SD Flapjack
CONTAINS GF OATS
93165520

SD Chocolate Brownie
CONTAINS SULPHITES
93196787

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Menu is subject to availability

Please be assured that all notified medical diets and allergy requirements will be safely catered for



**ALLERGY
AWARE MENU
WEEK 2**

W/C: 11/11, 02/12, 13/01
03/02, 24/02, 17/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

SD Vegetable Supreme Pizza
93165205
Served with Potato Wedges
93156646

**Beef Bolognese with
SD Gluten Free Pasta**
CONTAINS SOY
93165207

Roast Beef
93035118
**Served with Roast Potatoes
and Gravy**
93035127
93034775

SD Chicken and Vegetable Pie
93219715
**With Mash Potato
And Gravy**
93306877
93034775

SD Chicken Burger
93170396/ 93208018 (H)
Served with Chips
93040525

Pasta

Jacket Potato with Baked Beans
93034839

SD Tomato Pasta
CONTAINS SOYA
93171286

Available Every Day

Two Vegetables Served Daily
NO COLESLAW, MIXED SALAD OR SALAD BAR

Dessert

SD Chocolate Brownie
CONTAINS SUPHITES
93196787

SD Apple and Cinnamon Sponge
CONTAINS SULPHITES
93289524

Fruits of the Forest Jelly
93312677

SD Orange Glazed Sticky Sponge
CONTAINS GF OATS
93316120

SD Chocolate Biscuit
CONTAINS GF OATS
93219823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

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**ALLERGY
AWARE MENU
WEEK 3**

W/C: 18/11, 09/12, 20/01
10/02, 03/03, 24/03



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Dish

**SD Vegan Cheese and
Tomato Pizza**
93174975
Served with SD Tomato Pasta
CONTAINS SOYA
93171286

SD Pork Sausages
CONATINS SOYA & SULPHITES
93172601
With SD Mash Potato
93306877
And Gravy
93034775

Roast Chicken
93158448
Served with Roast Potatoes
93035127
and Gravy
93034775

**SD Chicken and Vegetable
Korma**
Contains Sulphites
93264788
With Wholegrain Rice
93035026

SD Fish Fillet
CONTAINS FISH
93166795
Served with Chips
93040525

Jacket Potato

Jacket Potato with Baked Beans
93034839

Pasta

SD Tomato Pasta
CONTAINS SOYA
93171286

Available Every Day

Two Vegetables Served Daily
NO COLESLAW, MIXED SALAD OR SALAD BAR

Dessert

SD Chocolate Brownie
CONTAINS SULPHITES
93196787

SD Vanilla Sponge
CONTAINS SUPHITES
93197070

SD Shortbread
93221990

SD Jam Sponge
CONTAINS SULPHITES
93219620

SD Frozen Smoothie
93166798/ 93166797

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Fresh Fruit
93232823

Menu is subject to availability
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