

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Ham & Cheese Pasta

Traditional Creamy Beef Lasagne

Roast Gammon with Roast Potatoes & Gravy

Sweet & Sour Chicken & Rice

MSC Approved Fish Fingers & Chips

Cheese & Bean Lasagne

Margherita Pizza & Wedges

Vegan Lentil & Stuffing Pastry Roll

Vegan Bolognaise & Penne Pasta

Vegan Vegetable Nuggets & Chips

Carrots & Peas

Broccoli

Roasted Carrots & Parsnips

Peas

Beans

House Tomato Sauce

Cheese Sauce

House Tomato Sauce

Cheese Sauce

Creamy Pesto

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans or tuna mayo

SWEET TREATS



Blueberry Cookie Bar

Chocolate & Banana Brownie

Strawberry Yoghurt & Strawberry Sauce

Apple & Cocoa Sponge

Raspberry Jelly

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

























Vegan



Added Wholewheat




| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|---|
| OPTION 1 | MSC Approved Salmon Pasta Bake  | Pork & Beef Sausage, Mashed Potatoes & Gravy | Roast Turkey with Roast Potatoes & Gravy | Mild Caribbean Chicken Curry & Carrot Rice   | MSC Approved Fish & Chips |
| OPTION 2 | Margherita Pizza & Wedges  | Vegan Sausage with Mashed Potatoes & Gravy  | Vegan Cottage Pie & Gravy   | Cheesy Cauliflower Pasta Bake  | Tex-Mex Vegetable Fajita Wrap  |
| VEGGIES  | Peas  | Carrot & Peas  | Broccoli & Cauliflower  | Carrot & Mixed Salad  | Baked Beans  |
| PASTA  | Cheese Sauce  | House Tomato Sauce  | Cheese Sauce  | House Tomato Sauce  | Creamy Pesto  |
| FILLED ROLLS  | Ham Cheese Tuna Mayo | Ham Cheese Tuna Mayo | Ham Cheese Tuna Mayo | Ham Cheese Tuna Mayo | Ham Cheese Tuna Mayo |

AVAILABLE EVERY DAY


Our crunchy colourful salad & jacket potatoes with cheese, beans or tuna mayo


SWEET TREATS




Strawberry Mousse 

Oaty Apple Crumble & Custard 

Original Flapjack 

Chocolate & Carrot Muffin 

Raspberry Jelly & Mandarins 

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 



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Friday

MAIN MEAL



OPTION 1

OPTION 2

Quorn Dippers with Oven Baked Wedges & Tomato Ketchup

Mixed Vegetable & Bean Fajita & Oven Baked Wedges

Mild Beef Chilli & Rice

Vegetarian Chilli Nacho Bake & Rice

Roast Chicken with Roast Potatoes & Gravy

Vegan Roast Quorn Fillet With Roast Potatoes & Gravy

Creamy Chicken Curry & Carrot Rice

Baked Creamy Mac 'N' Cheese

MSC Approved Fish Fingers & Chips

Vegan Sausage Roll & Chips

VEGGIES



Peas & Carrots

Sweetcorn

Broccoli & Peas

Carrot & Mixed Salad

Beans

PASTA



Cheese Sauce

House Tomato Sauce

Cheese Sauce

House Tomato Sauce

Creamy Pesto

FILLED ROLLS



Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

Ham Cheese Tuna Mayo

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans or tuna mayo

SWEET TREATS



Strawberry Yoghurt & Strawberry Sauce

Mixed Berry & Apple Crumble with Custard

Orange Jelly & Mandarins

Gingerbread Squares with Custard

Garden Brownie

Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian



Vegan



Added Wholewheat

