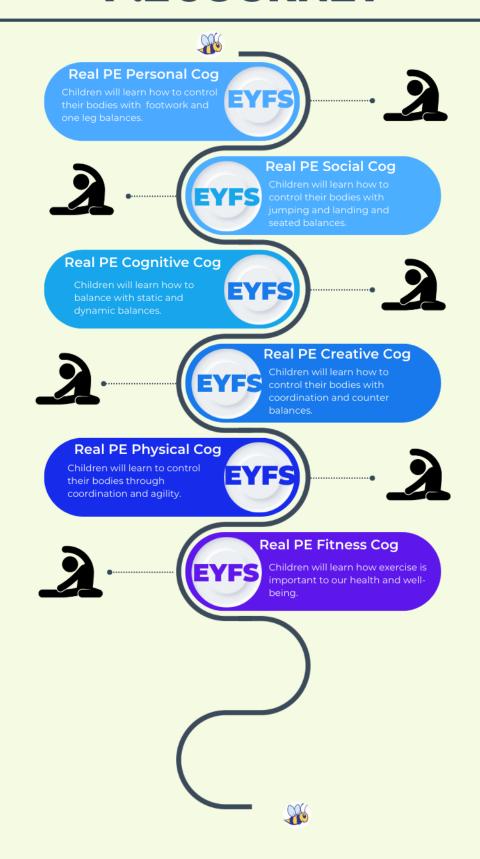
# **P.E JOURNEY**



# **Domains and key concepts**







**Invasion games** 







**Dance** 





# **PE JOURNEY**

# Real PE personal cog

They will also learn the skill the static one leg balances.









Real PE social cog Children will learn basic movements including jumping and agility. They will learn to develop their balance skills.

## Dance

Children learn about how to dance through copying and repeating actions, Using simple techniques such as unison, canon and









# Real PE creative cog

Children will learn about the skills of unning, coordination and being ntroduced to simple ball skills needed for games.

## Real PE physical cog

sending and receiving balls. They will also work on reactions









# Dance

Children learn about how to dance copying, remembering and repeating actions, using simple rroring to create a simple dance









# Real PE social cog

Children will learn the skills jumping and landing and start to apply these skills.

# Real PE cognitive cog

including stance and



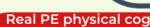






# Real PE creative cog

their ball skills. they will work with partners tp devlop further their reaction and responses.



Children will learn about working a team to pass balls. They will look at movement that needed to







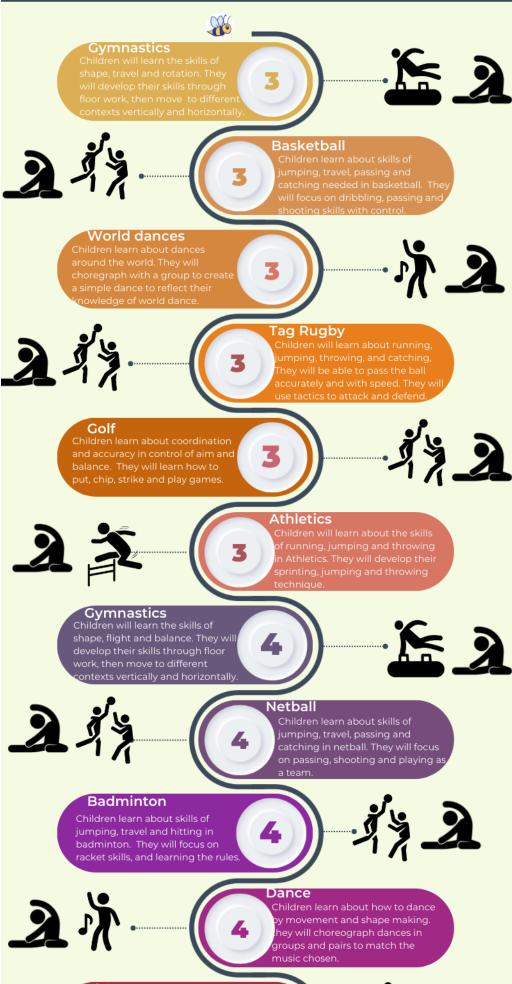




Swimming Children will begin to develop their knowledge and skill of swimming. They will begin to use simple stroke and understand how to be safe in



# P.E JOURNEY





Cricket
Children learn about skills of running, striking and throwing t in cricket. They will focus on learning bowling and batting













Athletics Children will learn about the skills sprinting, jumping and throwing



# P.E JOURNEY



Children will learn the skills of shape,rotation, travel, flight and skills in different contexts including ertically and horizontally.









Swimming
Children will learn to swim over a in water.

## Basketball

jumping, travel and hitting in accuracy in racket skills and









of running, coordination and racket control that are needed in tennis. They will begin to develop their

### **Athletics**

of running, jumping and throwing in Athletics. They will develop accuracy in sprinting, jumping and throwing techniques









Dance
Children learn about how to dance by movement and shape making, they will choreograph dances in groups, pairs and solo match the music chosen.



Netball
Children learn about skills of
jumping, travel, passing and
catching in netball. They will focus
on their accuracy in passing,
shooting and playing as a team.









# Dance

by movement and shape making. they will choreograph dances in groups, pairs and solo to match

# **Badminton**

Children learn about skills of jumping, travel and hitting in badminton. They will develop further their racket skills, and









## Handball

jumping, travel and throwing in Handball. They will focus on throwing and striking skills and learning the rule



Children will develop the skills of shape, rotation, travel, flight and balance. They will develop their skills in different contexts including vertically and horizontally.











Athletics
Children will learn about the skills of running, jumping and throwing in Athletics. They will develop accuracy and confidence in sprinting, jumpin and throwing techniques.

