



01/06/2026

Dear Year 3 Families,

During the weeks after half term, in PSHE, we will be learning about our *Changing Me* unit of work. As part of this unit, children will learn about how people grow and change as they get older. This includes some learning about growing up, which is part of the statutory curriculum.

There will be plenty of opportunities for children to ask questions during lessons, and they may also wish to talk about their learning with you at home.

The unit includes the following learning outcomes:

- **How babies grow** – I understand that animals and humans change as they grow from babies into adults, and that in mammals the mother carries the baby.
- **Babies** – I understand that babies grow and develop inside their mother and learn about some of the things babies need to grow and stay healthy.
- **Changes to our bodies** – I understand that boys' and girls' bodies change as they grow older and begin to look more grown up. I can identify some of the changes that happen to our bodies on the outside as we grow.
- **Family stereotypes** – I can begin to recognise that families and parenting roles can be different for different people.
- **Looking ahead** – I can think about and share what I am looking forward to when I move to my next class.

Our Relationship policy is available on our school website if you would like more information about the section of the year 3 curriculum.

Parents and carers are invited to attend a meeting in the Junior school hall at 2.30pm on Tuesday 2nd June to view lesson content and ask any questions should they have any.

If you require any further information, please contact the year 3 team via the following email: year3@meonjuniorschool.org.uk

Kind regards
Year 3 Teachers



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We invest in wellbeing

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